



Anaphylaxis and Allergy Awareness Policy

Anaphylaxis is a serious reaction and can be life threatening. The allergy may be related to food, insect stings, medications, latex, etc. This policy is intended to help support the needs of a child with any allergy, and provide information on anaphylaxis and awareness to parents, employees and students, and volunteers.

In order to reduce the risk of exposure to anaphylactic reactions:

1. Avoid certain foods/materials that may be contained in any craft or sensory programming materials.
2. Advise the Centre caterer of any food restrictions and limitations.
3. Do not use latex gloves - use vinyl gloves ONLY.
4. Advise families, employees and volunteers that no outside food is to be brought into the Centre. Child birthdays and other special events will be celebrated with ice cream provided by the Centre.
5. An anaphylactic procedure must be posted in each classroom.
6. An up-to-date allergy list must be posted in each classroom.
7. Any child who carries an EpiPen needs to be identified via a personal photo and completed Anaphylactic Procedure signed and dated by their parents and physician. All EpiPens will be stored in a clearly labeled fanny pack, strictly for the EpiPen Only. One fanny pack per child.
8. Each child with a dietary restriction or limitation will have a food substitution checklist that is to be filled in each lunch day that the main menu has been modified. These records need to be kept on file for one year.

Parents of Children with Allergies must:

- Complete the required Ministry of Education form, providing a detailed description of the allergy of their child. This form will be posted in each classroom for the staff to refer to at all times.
- Provide the Centre staff with the monitoring and avoidance strategies used in the home.
- Provide a written list of signs and symptoms for staff and volunteers to look for should a child have an allergic reaction.
- Provide consent for *Windermere/Green Apple Kids* to administer the child's EpiPen should the need arise.
- Ensure the Centre has up-to-date emergency contact information.
- Update any changes to their child's allergy, medication or treatment, including if the child outgrows their allergy and no longer requires any medication to manage it.
- Provide centre with a current EpiPen, and any other medication that is required to treat the child's allergy, along with a medical note from the child's doctor giving *Windermere/Green Apple Kids* consent to administer the medication and the appropriate dosage to give the child based on their age and/or weight. The note will remain with the EpiPen or Over the Counter medication at all times.